

Out and About – A Transportation and Mobility Guide for Older Adults in Howard County, their Families and Caregivers



**Developed by
Howard County Commission on Aging and
Howard County Office on Aging**

May 2008

Special thanks to the Commission's Transportation Committee and chair, John Eberhard, PhD for compiling this guide.

Contents

<u>Introduction</u>	4
Out and About Background	
Howard County Office on Aging, Howard County Commission on Aging	
MAP	
<u>Older Driver Safety Issues</u>	5
For Caregivers Concerned about an Older Driver	
Agreement with My Family about Driving	
Warning Signs for Drivers with Dementia	
<u>Maintaining Safe Mobility</u>	7
Wellness activities – key to maintaining mobility	
<u>Programs Designed to Help Senior Drivers</u>	8
<i>Am I a Safe Driver?</i>	
<i>Roadwise Review</i>	
<i>Seniors on the M.O.V.E.</i> (Mature Operators Vehicular Education)	
<i>Driving Decisions Workbook</i>	
<i>Drive Well</i>	
<u>Driver Rehabilitation Specialist Evaluation</u>	9
<u>Enhancing Driver Capabilities</u>	10
Buying the correct vehicle	
General driver aids and adaptive equipment	
<i>Keep Moving Longer: Features for Safe Driving</i>	
<i>Adapting Motor Vehicles for People with Disabilities</i>	
NHTSA Publications about Medical Conditions and Driving	
<u>Driver Education Programs</u>	10
<i>Safe Driving for Mature Operators Program</i>	
<i>Driver Safety Program</i>	
<u>Walking as a Means of Transportation</u>	10
Howard County’s Columbia Mall Milers	
Howard County Senior Centers	
<i>Stepping Out – Mature Adults: Be Healthy, Walk Safely</i>	

<u>Transportation Providers within Howard County</u>	11
Howard Transit	
HT Ride – General Services	
HT Ride – ADA Services	
Transit training	
Connect-A-Ride	
Neighbor Ride	
Columbia Association Senior Events Shuttle	
Winter Growth	
Taxi Service	
AAA Transport / All American Transport	
HANDS	
<u>Transportation Providers beyond Howard County</u>	14
Commuter Services	
To Baltimore and Washington, D.C.	
<u>Surrounding Area Transportation Service</u>	14
<u>Long Distance Travel</u>	15
BWI-Thurgood Marshall Airport	
AMTRAK BWI Train Station	
The Airport Shuttle	
Howard Transit	
<u>APPENDIX A</u>	16
Driver Rehabilitation Specialists in Maryland and Washington, D.C. as of May 2008.	

Introduction



Out and About Background

This guide, developed by the Howard County Commission on Aging and the Howard County Office on Aging, is designed to help seniors continue to drive as long as possible, and to help them transition, if necessary, to the best alternative transportation they are capable of using. It was also created to help seniors' family members or caregivers help older drivers with their mobility issues. Wherever possible phone numbers and Internet links have been included for further information.

The **Howard County Office on Aging** is a division of the Howard County Department of Citizen Services, and is the principal agency that plans, advocates, develops, and coordinates programs and services for older adults and their family members. For more information, call 410-313-6410.

The **Howard County Commission on Aging** is a 15-member volunteer advisory board to the County Executive, County Council, and the Howard County Office on Aging. The commission strives to ensure that all adults 55 and older can "age in place successfully and productively," and can remain in the county as long as they choose, in an affordable, safe and convenient living situation. The Commission's Transportation Committee, along with a number of county government, local nonprofit and transportation professionals collaborated on this guide.

Maryland Access Point (MAP)

One starting point for information, available through the Office on Aging, is Maryland Access Point of Howard County (MAP), an Aging and Disabilities Resource Center. MAP serves people of all income levels, including persons over the age of 50; adults 18 and older with

physical disabilities; and family and caregivers who are looking for services to assist with remaining in the community and leading full lives.

MAP serves to increase awareness and information about long term support options; to provide counseling and referral; and to provide direct access to assessments, public programs, and funding options for long term care support. MAP is available by phone at (410) 313-5980, 1-800-506-5806, TTY: (410) 313-5927.

Older Driver Safety Issues



Older people, like adults of all ages, depend mostly on the automobile to maintain their mobility. One of the key concerns family members have is whether it is still safe for a loved one to drive. Extensive national and international research by leading authorities in the field of transportation for older persons has indicated that it is safe for almost all older people to drive. As a group, they drive responsibly, and when the time comes to slow down or stop, they do so responsibly.

The media often paints an inaccurate, simplistic picture of older drivers, based on highly publicized, but rare, serious crashes involving older drivers. By not simplifying the issue to a drive/no-drive solution, a focus on maximizing older adult independence and mobility stands to benefit all members of our community.

Of all the functional characteristics of aging, the one that seems to have the most effect on our ability to drive is our eyesight. Many seniors develop cataracts that impact their ability to drive safely. Fortunately, with modern surgical procedures, cataracts can be removed and near normal vision can be restored. Older drivers with more serious visual impairments, such as macular degeneration, generally need to stop driving.

Drivers in the early stages of dementia present a special challenge since they, unlike those with visual or other physical problems, often do not have the mental capacity to realize that it is no longer safe for them to drive.

The Hartford Financial Services Group, Inc., the MIT Age Lab and Connecticut Community Care, Inc. have developed a number of helpful resources. Drivers with early dementia can use the following tips to ease the transition from driver to passenger:

- Confide in a friend or family member about what driving means to you. Help them understand what you have to give up when you stop driving.
- Work with your family to create a transportation plan that meets your needs.
- Volunteer to be a passenger and allow others to do the driving.
- Consider using the "Agreement with My Family about Driving" as a way to balance independence with safety.

For Caregivers Concerned about an Older Driver with Dementia

Frequently, concerns about driving are the first major trigger that children of older adults deal with when their parents are in the beginning stage of dementia. The following tips and chart, developed by The Hartford, help caregivers who are struggling to decide when to limit or stop driving privileges for a person with dementia.

- Imagine for a moment your own life without driving.
- Allow your relative with dementia to express how he or she feels about not driving.
- Initiate conversations about driving and transportation needs early and often.

Agreement with My Family about Driving

The time may come when I can no longer make the best decisions for the safety of others and myself. Therefore, in order to help my family make necessary decisions, this statement is an expression of my wishes and directions while I am still able to make these decisions. I have discussed with my family my desire to drive as long as it is safe for me to do so. When it is not reasonable for me to drive, I desire _____ (person's name) to tell me I can no longer drive. I trust my family will take the necessary steps to prohibit my driving in order to ensure my safety and the safety of others while protecting my dignity.

Signature _____ Date _____

Copies of this request have been shared with: (Names)

Observe the person with mild dementia for about a month while the individual is driving, using "Warning Signs for Drivers with Dementia." Keep a written record of observable driving behavior and share observations of unsafe driving with the person who has dementia, other family members and healthcare providers. Create opportunities for you or others to drive the person who has dementia and ask professionals outside the family to raise questions about driving safety.

Warning Signs for Drivers with Dementia

Warning Signs	Frequency of Occurrence	Seriousness of sign
Stopping at a green light		
Stopping when there is no sign to stop		
Stopping in the middle of intersections		
Mistaking the gas pedal for the brake pedal		
Finding traffic signs and signals confusing		
Running stop signs or red lights without realizing it		
Hitting or nearly hitting cars, people or objects without realizing it		
Getting lost in familiar places		
Moving from one lane to another without looking		

If concerns remain after completing the evaluation, caregivers are advised to obtain a professional evaluation from a driver specialist (See Appendix A). For more information on dementia and driving, The Hartford Financial Group, with the MIT Age Lab has produced *Alzheimer's Disease, Dementia and Driving*, available from The Hartford, 200 Executive Boulevard, Southington, CT 06489 or downloadable at <http://www.thehartford.com/alzheimers/>.

Maintaining Safe Mobility



Wellness activities – key to maintaining mobility

To maintain mobility, older people need to keep their functional abilities as sharp as possible. Engaging in wellness activities, such as walking, water aerobics, exercise, a

nutritional diet and other activities that keep the body and brain active may enable them to remain mobile later in life. Numerous programs are available in Howard County geared toward older adults. The Office on Aging, the Department of Recreation and Parks, and Howard Community College Offer many of these programs.

Programs Designed to Help Older Drivers

A number of self-assessments are available. They do not replace having a professional assessment, or attending a driver refresher class. Talking with a doctor is important, especially if unusual concentration or memory problems exist, or there are other physical symptoms that might be affecting the senior’s ability to drive.

Am I a Safe Driver?

Check any areas that apply. Consider completing this assessment with friends. Checking any of the boxes might mean that a driver’s safety is at risk when driving.

I get lost while driving.	
Friends and family members are worried about my driving.	
Other cars seem to appear out of nowhere.	
I have trouble seeing signs in time to respond to them.	
Other drivers drive too fast.	
Other drivers often honk at me.	
Driving stresses me out.	
After driving, I feel tired.	
I have had more “near misses” lately.	
Busy intersections bother me.	
Left-hand turns make me nervous.	
The glare from oncoming headlights bothers me.	
My medication makes me dizzy or drowsy.	
I have trouble turning the steering wheel.	
I have trouble pushing down on the gas pedal or brake.	
I have trouble looking over my shoulder when I back up.	
I have been stopped by the police for my driving recently.	
People will no longer accept rides from me.	
I don’t like to drive at night.	
I have more trouble parking lately.	

Physician’s Guide to Assessing and Counseling Older Drivers

American Medical Association/National Highway Traffic Safety Administration/US Department of Transportation • June 2003

Roadwise Review

Roadwise Review is a computer-based self-screening program developed by AAA (formerly the American Automobile Association). It screens drivers on eight mental and physical abilities proven to be among the leading predictors of crash risk for older drivers. If a person does not do well in any area, the program provides practical advice

on how to get professional assistance or how to improve certain abilities that may have declined over the years.

This half-hour assessment requires a personal computer with CD-ROM drive and a second person's assistance to help complete the assessment. *Roadwise Review* was validated in research sponsored by the United States Department of Transportation's National Highway Traffic Safety Administration (NHTSA) and the National Institute on Aging.

Obtain a copy from the AAA Maple Lawn Retail Office, 8170 Maple Lawn Blvd., Fulton, MD 20759, (410) 997-5611; order it online from http://www.aaamidatlantic.com/safety/roadwise_review.asp; or use it at the Howard County Library, (410) 313-7800.

Seniors on the M.O.V.E. (Mature Operators Vehicular Education)

Seniors on the M.O.V.E. was designed to help reduce the risk of injury to the mature driver (60+ years) by increasing behavioral and on-road, age-specific driving knowledge and abilities. It also helps seniors make more informed decisions about their driving habits and keeps them driving safer longer. It consists of four 2-hour sessions: skills assessment; driving abilities enhancement; vehicle & occupant protection; and medication management.

This program was developed with the support of the Maryland State Highway Administration's Highway Safety Office, Johns Hopkins Center for Injury Research and Policy, and a number of community partners and is presented from time to time in Howard County. For more information contact MAP (410) 313-5980.

Driving Decisions Workbook

The University of Michigan has developed a *Driving Decisions Workbook* that provides strategies to help increase driver self-awareness and general knowledge about declines in driving-related abilities. It provides guidance and remedial strategies for extending safe driving.

<http://deepblue.lib.umich.edu/bitstream/2027.42/1321/2/94135.0001.001.pdf>.

Drive Well

NHTSA, together with the American Society on Aging, developed a toolkit for people working with older adults that promotes older driving safety and mobility.

Call 1-888-327-4236 or go to <http://www.nhtsa.dot.gov/> and type "Drive Well" in the search box to download a free copy of the guide.

Driver Rehabilitation Specialist Evaluation

In addition to discussions with a physician or a full geriatric assessment, individuals may want to consider a comprehensive driving evaluation. Such driver evaluations assess a driver's physical and mental ability to drive safely. In some cases, simple changes in driving habits might make driving safer, and simple vehicle adaptive devices (such as a wide-angle rearview mirror) can help drivers continue to drive safely.

Most programs charge a fee (\$250 or higher) for this service. Generally, occupational therapists trained in driver rehabilitation conduct the assessments. Psychologists also conduct evaluations, particularly for drivers with memory and other cognitive difficulties.

Appendix A includes a list of driver rehabilitation specialists in Maryland and D.C. as of May 2008. Contact The Association for Driver Rehabilitation Specialists at 1-877-529-1830 for a more complete directory; go to <http://www.aded.net/> Search for Maryland in the Membership Directory; or call MAP (410) 313-5980.

Enhancing Driver Capabilities

Buying the correct vehicle

Mature drivers should choose a vehicle with options that add to their comfort and control and offset any loss of strength or visibility. AAA's brochure, *Smart Features for Mature Drivers*, outlines important options to consider regarding both the car itself and the driver's physical comfort within the vehicle. Check www.aaaexchange.com

General driver aids and adaptive equipment

A number of groups have identified materials that may assist in making driving easier for those with disabilities, enabling them to continue driving or to return to driving.

Keep Moving Longer: Features for Safe Driving – The University of Massachusetts Boston developed *Keep Moving Longer: Features for Safe Driving*. It identifies devices that can keep older people driving safely and comfortably. For example, special convex side and rear-view mirrors address reduced peripheral vision due to decreased ability to turn one's head. Similarly, a portable support handle, useful for drivers and passengers, helps to mitigate difficulty getting into and out of a car. A descriptive DVD is available for a fee from the University of Massachusetts Boston, Gerontology Institute/Keep Moving Longer DVD, 100 Morrissey Blvd., Boston, MA 02125; e-mail gerontology@umb.edu; or call (617) 287-7300, Extension 1.

Adapting Motor Vehicles for People with Disabilities – This booklet assists those who may need adaptive technology. It includes how to find a qualified evaluator and dealer as well as programs or agencies that will assist with costs. Normally people who need adaptive equipment need to be assessed by a driver rehabilitation specialist. (See Appendix A.) For a copy of the brochure, call the Department of Transportation's Vehicle Safety Hotline, 1-888-327-4236; or print it from <http://www.nhtsa.dot.gov/cars/rules/adaptive/brochure/index.html>.

NHTSA Publications about Medical Conditions and Driving – NHSTA has developed a series of pamphlets that addresses the more common medical conditions that affect on older person's ability to drive safely. Call 1-888-327-4236 or access them at <http://www.nhtsa.dot.gov/>; type in "Traffic Safety Older Drivers," and then choose the topic of interest, including Alzheimer's disease, cataracts, macular degeneration, diabetes, Parkinson's disease, among others.

Driver Education Programs

Seniors who need more current traffic safety information can take one of the driver refresher courses offered by AAA or AARP. Those age 55 and over who take the courses may qualify for discounts, valid for 2 years, on their Maryland insurance premiums.

Safe Driving for Mature Operators Program

AAA (formerly the American Automobile Association) offers a *Safe Driving for Mature Operators Program*, practical guidance for older drivers on traffic crash prevention. A description of the 8-hour classroom program is available at www.AAA.org *Mature Operators Program*. Classes are held monthly on Saturdays at the AAA Maple Lawn Retail Office, 8170 Maple Lawn Blvd., Fulton, MD 20759; call 1-877-457-0711.

Driver Safety Program

AARP (formerly the American Association of Retired Persons) provides a *Driver Safety Program*, formerly known as *55 Alive*. To locate a nearby program, check http://www.aarp.org/families/driver_safety/ Click on "Driver Safety," then "Find a Class Near You." The nominal fee covers materials for the two 4-hour programs. AARP also offers a fee-based online driver safety course for members and non-members. Go to the above website and click on "AARP Driver Safety Online Course." MAP also maintains a list of *Driver Safety Program* offerings: (410) 313-5980.

Walking as a Means of Transportation



Nationally, surveys indicate that walking is the second most common way older people get around. Our ability to walk greatly impacts our mobility. A national AARP survey found that almost half of women over 80 cannot walk two blocks. Many of those who could not walk this distance still drove. Substituting walking for driving can actually extend the length of time that one can drive since it increases the time that people are functionally able.

Howard County has a comprehensive pedestrian improvement plan that includes adding sidewalks and paths as well as connecting paths and sidewalks, which should encourage walking. A number of walking options are described below.

Howard County's Columbia Mall Milers – The Mall in Columbia offers a walking program from 7-10 a.m. Monday through Saturday, Sunday beginning at 8 a.m. Walkers sign in at the Guest Services Desk located outside Lord and Taylor. Blood pressure screening is available once a month.

Information: Guest Services: (410) 730-3300, www.themallincolumbia.com.

Howard County Senior Centers – For a current listing of senior centers that offer walking programs, call MAP (410) 313-5980 or go to www.howardcountymd.gov

Stepping Out – Mature Adults: Be Healthy, Walk Safely – NHSTA has developed an online booklet that promotes safe walking as an easy way to maintain health and mobility. <http://www.nhtsa.dot.gov/people/injury/olddrive/SteppingOut/index.html>

Transportation Providers Within Howard County

Older adults find transitioning from driving difficult. Current drivers have primarily driven themselves to all of their travel destinations. They may have limited experience using public transportation; have difficulty accessing buses, and have more functional limitations. When they stop driving, they often prefer to rely on family and friends to get around.

It is important to plan ahead – plan to give up your car, not your independence. Plan to be able to remain in control of your life and continue engaging in pleasurable activities. Check with neighbors and family for rides to stores, social programs, religious services, and regular events. Offer to help friends in exchange for rides; carpool; or learn how to use Howard County's public transportation system, paratransit and volunteer services before using them becomes essential.

Howard Transit, a Howard County Government service, operates fixed route scheduled bus service with designated stops. It provides daily wheelchair accessible bus service to Clarksville, Columbia, Ellicott City, North Laurel, Savage and Elkridge. Service is also available to BWI Thurgood Marshall Airport, the Dorsey MARC station, Arundel Mills Mall, and industrial parks along the U.S. 1 corridor in Howard County. Most routes operate Monday through Saturday; some routes offer Sunday or weekday evening service.

Current schedules, fares, printable route map: <http://www.howardtransit.com/>

Schedules and other information: 1-800-270-9553

HTRide provides two types of specialized services for Howard County residents who are either over 60 or are certified as disabled under the Americans with Disabilities Act (ADA).

General Services: Curb-to-curb shared-ride service is provided for seniors to and from medical appointments, senior centers and social service agency locations in Howard County with limited service available to medical centers in Baltimore. Service hours are Monday through Friday, primarily 9 a.m. to 3 p.m. Riders must schedule trips at least 48 hours in advance. For certification:

Individuals age 60 and older: Howard County Office on Aging, (410) 313-5980

Individuals with disabilities: Howard County Disability Services, (410) 313-6402

Current schedules, fares, printable map: <http://www.howardtransit.com/>
Schedules and other information: 1-800-270-9553

ADA Services: General purpose shared-ride services are provided to ADA certified individuals, with pickups and drop-offs from any curb-point within $\frac{3}{4}$ of a mile of Howard Transit fixed route service. Wheelchair and lift-equipped buses are available. All individuals must complete an ADA application, which requires physician/health care professional certification. Service hours are the same as the Howard Transit fixed route buses. Riders must schedule trips at least one day in advance. Reduced fares may be available for eligible individuals with limited income.

Information and eligibility: 1-800-270-9553

Current schedules, fares, printable route map: <http://www.howardtransit.com/>
Schedules and other information: 1-800-270-9553

Transit training - Howard Transit offers a Transit Training Program designed as a tool for nonprofit organizations, service agencies and senior centers. The program demonstrates that public transportation is convenient, safe, affordable and easy to use. Information: 1-800-270-9553

Connect-A-Ride operates bus service in and around Columbia, Laurel, Glen Burnie, Odenton and Ft. Meade, as well as between Laurel and College Park.

Routes and schedules: 1-800-270-9553 or <http://www.corridortransit.com/>

Neighbor Ride, for seniors age 60 and over, supplements public and private transportation services. Trained volunteer drivers, using their personal vehicles, transport riders to healthcare or personal appointments, visits with friends, business engagements, community events or religious services. Trips can be made to adjacent counties, Baltimore, Washington, D.C. and Annapolis. Fees are charged based on a zip code zone system. Transportation accounts can also be set up, and then drawn down and replenished as needed. Schedule trips at least 3 business days in advance.

Information: (410) 884-RIDE (7433) or <http://www.neighborride.org/>

Columbia Association Senior Events Shuttle provides free evening and weekend curb-to-curb transportation to Howard County cultural events, for groups of 4 or more older adults who live in the county. Call (410) 715-3087 one week prior to the event. Leave name, address, phone number, date, time and location of the event, and any special needs.

Winter Growth provides transportation for seniors who need physical assistance and or supervision at their destination. Lift and mini vans with Winter Growth trained drivers and aides provide escorted transportation to medical appointments, supervision in the waiting room, and escort service to labs and other tests. Upon returning home, drivers will help clients inside the home and lock the door as they leave. Driver aides will assist in the grocery store and will help put groceries away in the home if requested. Transportation is also available for group and family outings. Make reservations 3 days in advance. Wheelchair transportation costs are higher than standard assisted transportation.

Reservations and fees: (410) 964-9616

Information: <http://www.wintergrowth.com/>

Taxi Service – Three licensed cab companies serve Howard County, and often offer a discount to seniors who request it when they call.

Columbia Cab of Howard County: (410) 880-6916

Columbia Diamond Cab: (301) 604-7252

Columbia Flyer: (410) 750-0089

AAA Transport/ All American Transport provides specialized service for those with wheelchairs, and special needs, Medical Assistance cardholders and others.

Call 1-800-442-2858 at least 24 hours prior to appointment.

HANDS - Christ Episcopal Church volunteers provide free limited transportation to medical appointments within Howard County on a non-emergency, non-urgent basis.

Information: (410) 381-9367

Transportation Providers Beyond Howard County

Commuter Services

Seniors, still working or retired, can use one of the daily commuting services to Washington, D.C. or Baltimore. Offered through the Maryland Transit Administration, services are generally available early in the morning and late in the afternoon.

Information: 1-866-743-3682 or mtamaryland.com.

To Baltimore and Washington, D.C.

MTA offers daily commuter bus routes to Baltimore, Silver Spring and Washington, using private contractors. The MARC Camden Line has stations in Howard County at Dorsey, Jessup, Savage and Laurel with service to Baltimore. From the MARC train, it is easy to connect to Metrorail at Greenbelt, College Park, and Union Station in Washington, D.C.

Fare information: 1-800-827-3490

Surrounding Area Transportation Services

Washington Metropolitan Area Transit Authority operates Metrorail and local bus services in the Washington, D.C. metropolitan area. Metro bus service connects the Laurel area with Metrorail stations and other bus lines in suburban Maryland and Washington, D.C.

Information: (202) 637-7000 or www.metroopensdoors.com

- Annapolis Transit: 1-410-263-7964
- Prince George's County/The Bus: 1-301-324-2877
- Montgomery County/Ride On: 1-240-777-7433

Long Distance Travel

- BWI/Thurgood Marshall Airport: 1-800-435-9294 or <http://www.bwiairport.com/>. Pre-order wheelchairs or escorts.
- AMTRAK BWI Train Station: 1-800-872-7245

- Airport Shuttle to the airport and BWI train station: 1-800-776-0323
- Howard Transit to the airport and BWI train station 1-800-270-9553 or <http://www.howardtransit.com>

APPENDIX A

A Selected List of Driver Rehabilitation Specialists in the Maryland/Washington, D.C. Area

Driver Rehabilitation Specialists

Doctors Community Hospital
Program Services: Clinical, Driving Range, Car
8118 Good Luck Road
Lanham, MD 20706
(240) 965-8438, <http://www.dchweb.org/>

Driving Rehabilitation of Frederick, Inc.
Program Services: Clinical, Classroom, Car, Van, Vehicle Modifications
85 Thomas Johnson Court, Suite D
Frederick, MD 21702
(301) 682-9110

Good Samaritan Hospital – Outpatient Rehab
Program Services: Clinical, Driving Range, Car
5601 Loch Raven Blvd.
Baltimore, MD 21239
(410) 532-4601, <http://www.goodsam-md.org/body.cfm?id=650>

Johns Hopkins Driving Program
Program Services: Clinical, Car
10753 Falls Road, Suite 235
Lutherville, MD 21093
(410) 583-2643
http://www.hopkinsmedicine.org/Rehab/services/driving_program.html

National Rehabilitation Hospital
Program Services: Simulator, Car, Van
102 Irving Street, NW
Washington, DC 20010
(202) 877-1705 or (202) 877-1965, www.nrhref.org

St. Agnes Hospital Occupational Therapy Department
Program Services: Clinical
900 Caton Avenue
Baltimore, MD 21229-5299
(410) 368-2800, www.stagnes.org

Sinai Rehabilitation Center
Program Services: Clinical
2401 W. Belvedere Avenue
Baltimore, MD 21215
(410) 601-9843 (Driving phone line)
(410) 601-5631 (Scheduling), www.lifebridgehealth.org/sinaibody.cfm?id=1581

Suburban Hospital
Program Services: Clinical
8600 Old Georgetown Road
Bethesda, MD 20814
(301) 896-2762, www.suburbanhospital.org

Veterans Affairs BRECC
Program Services: Clinical, Classroom, Simulator, Driving Range, Car
3900 Loch Raven Blvd.
Baltimore, MD 21218
(410) 605-7000, x5804

Workforce & Technology Center
Maryland Division of Rehabilitation Services
2301 Argonne Drive
Baltimore, MD 21218
(410) 554-9365, www.dors.state.md.us

Comprehensive Geriatric Services
Program Services: CGS Memory Clinic, Safe Driver Evaluation
Harmony Hall Retirement Community
6336 Cedar Lane, Columbia, MD 21044
(410) 531-6000